

20th Annual Sir Norman Watson Classic Relay Race

Saturday August 6, 2011



Mountain Bike (10 km)

The race begins with the mountain biker riding from the Lake Louise Train Station to Deer Lodge and back.



Run (9 km)

The relay continues as the runner races along the Bow River Loop, the Louise Creek trail, and the Tramline to Train Station route.



Canoe (27 km)

The 2-person canoeing team then paddles the Bow River to Castle Mountain. There the race temporarily stops.



Road Bike (27 km)

The final cycling leg is a staggered start from Castle Mountain to the Lake Louise Ski Area along the Bow Valley Parkway.

Entry Details

- Enter by **Tues July 31**.
The number of participants is limited.
- Entry team fee is \$225 per team.
Need a canoe? We recommend MEC or UofC outdoor programs.
- Team classes are: open, mixed (minimum two women), and women.
- Participants get a race T-shirt, ticket for tons of free prize draws, and reception and barbecue dinner with one free beer.

Race Day

Register between 8 am to 9 am at the Train Station parking lot. Coffee is served. The race starts at 10 am.



Sign up today at:

<http://www.wmsil.com/events/sir-norman-watson-classic>



The Sir Norman Watson Classic is a non-profit event that raises money for the Lake Louise Sport and Rec Society.

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